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**Tenured Member of the Specialized Teaching Staff**  
**Department of Nutritional Science and Dietetics**  
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### **Education**

- 2014: **Ph.D.** “Study of changes in certain parameters of lipid and oxidative stress, before and after the conclusion of physical activity in specific athlete populations”, the National and Kapodistrian University of Athens, School of Medicine.
- 1992: **B.Sc.** in Physical Education and Sport Science Specialty in Basketball, the National and Kapodistrian University of Athens

### **Teaching Portfolio**

- Introduction to Sports Science
- Assignment for the Internship
- Presentation for Writing Dissertations

### **Research Interests**

- Experimental and clinical protocol of affected populations,
- Physical activity in specific athlete populations,
- Sport science

### **Selected Publications**

- Patakioutis, K., Dedes, V., Dede, A. D., **Perrea, A.**, Fortis, A., & Panoutsopoulos, G. I. (2020). “The value of diagnostic ultrasound in the diagnosis of musculoskeletal disorders”. *International Journal of Physical Education, Sports and Health*, 7(5): 199-203.
- Korkidi, M., Pantazi, D., Kaprinis, S., **Perrea, A.**, Papaloukas, M. & Kipreos, G. (2020). “Promoting physical activity and quality of life for citizens through municipal libraries”. *International Journal of Physical Education, Sports and Health*, 7(2): 103-111
- Makropoulos, A., Gdonteli, K., **Perrea, A.** & Kipreos, G. (2017). “Risk taking tendency: An investigation of amateur athletes in mountain and road races, *International Journal of Physical Education, Sports and Health*”. 4(1): 212-216.
- Kipreos, G., Dimitrios, P., **Perrea, A.**, Travlos, A., & Ethan, S. (2016). “Evaluation of coaches and differences of perspective due to demographic characteristics”. *Journal of Physical Education and Sport*, 831- 835
- Kipreos, G., Konstantinacos, P., Anagnostopoulou, I., **Perrea, A.** & Kaprinis, S. (2016) “Pavlopetri, the World’s Oldest Submerged City: Analysis of Dive Tourism Perspectives Development in the Region Through S. W. O. T Analysis”. *Hospitality & Tourism Management*, 1(3): 23-29.
- Kipreos, G., Kaprinis, S., **Perrea, A.**, Kakkos, V. (2016). “Job Performance Measurement of Physical Education Graduates in Private Fitness Centers and Municipal Sports Organizations”, *International Journal of Sports Science and Physical Education* 1(1): 10-16.

- **Perrea, A.**, Vlachos, I. S., Korou, L. M., Exarhopoulou, E., et al. (2014). "Comparison of the short-Term oxidative stress response in National League Basketball and Soccer Adolescent Athletes". *Angiology*, 65(7), 624-629.