

# Curriculum Vitae

**Panagiota Athanasopoulou RD, MSc, PhD**

*Registered Clinical Dietitian specialized in Allergy/Clinical Immunology and Paediatric Nutrition with an extended experience in Nutritional Epidemiology and Disease Prevention Research*

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## CURRENT POSITION

**2022-present: Postdoctoral Research Fellow**, Laboratory of Hygiene and Environmental Protection, Department of Medicine, Democritus University of Thrace, Greece -Research interest: Investigation of dietary patterns and their relationship with lifestyle and chronic diseases in adulthood

**2021-present: Academic Scholar – Teaching Instructor**, Department of Nutrition & Dietetics, University of Peloponnese, Greece

## EDUCATION

<b>2020-2013</b>	<b>Doctor of Philosophy (PhD) in Food Allergy &amp; Clinical Immunology</b> , School of Health Sciences, University of Portsmouth, UK. <b>Thesis: ‘An investigation on the use of baked milk foods in children with cow’s milk allergy’</b>
<b>2011-2008</b>	<b>Master of Science (MSc) in Allergy</b> , School of Medicine, University of Southampton, UK <b>Dissertation: ‘Effects of vitamin D on atopy and asthma in children: A systematic Review’</b>
<b>2003-1999</b>	<b>Bachelor of Science BSc (Hons) in Human Nutrition &amp; Dietetics</b> , School of Health Sciences, London Metropolitan University, UK. <b>Project: Effects of different cytotoxic drug regime on the nutritional status of cancer patients</b>

## CAREER SUMMARY – CLINICAL & RESEARCH EXPERIENCE

<b>2020-2013</b>	<b>PhD Researcher</b> , School of Health Sciences, University of Portsmouth, Portsmouth, UK
<b>2013-2003</b>	<b>Freelance Registered Clinical Dietitian in Primary Health Care (Adult &amp; Paediatric Clinics)</b> , Athens-Lamia, Greece
<b>2011-2008</b>	<b>Food Allergy &amp; Clinical Immunology trainee, Adult &amp; Paediatric Allergy Clinics</b> , Southampton General Hospital NHS Trust & Royal South Hants Hospital NHS Trust, Southampton, UK
<b>2003-2002</b>	<b>Clinical Nutrition and Dietetics trainee, Inpatients and Outpatients Clinics</b> , Royal Brompton & Harefield Hospital NHS Trust and Chelsea & Westminster Hospital NHS Trust, London, UK

## PROFESSIONAL CERTIFICATES/REGISTRATION

<b>2014</b>	Good Clinical Practice Certificate (GCP), Research in Adult & Paediatric patients
<b>2014</b>	Graduate Students' Professional Development Certificate (GPROF) -Teaching activity & learning in Higher Education, UK
<b>2004-present</b>	Registered Dietitian (RD-No: DT 10168) in Health & Care Professions Council (HCPC), UK

## HONORS /AWARDS

**Scholarship for Doctoral studies (PhD)** in Food Allergy & Clinical Immunology from the University of Portsmouth

**British National Health Services (NHS TRUST) Scholarship for undergraduate studies** in Human Nutrition & Dietetics, BSc(hons) at London Metropolitan University in UK

## PROFESSIONAL MEMBERSHIP

<b>2013-present</b>	American Academy of Asthma, Allergy and Immunology (AAAAI)
<b>2013-present</b>	International Network of Dietitians and Nutritionists in Allergy (INDNA)
<b>2003-present</b>	British Dietetic Association (BDA)

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Dr Panagiota Athanasopoulou